

# Tails of Aloha

January/February 2012

Changing Lives, One Visit at a Time



## Meet Teddy the Mini!



Aloha! Teddy is the newest member of Tails of Aloha and also registered with Delta Society through their Pet Partners program. Teddy is a Miniature Horse! At 8 hands (32 inches) tall and 180 pounds, Teddy loves being the center of attention and meeting new people. His owner, Carina Cooper, takes Teddy to visit nursing homes, hospitals, schools and other facilities on Oahu. He is also part of the therapeutic team of Hawai'i Equine Assisted Reflection & Therapy; providing growth, healing, and learning to people with a wide range of mental health and emotional needs.

When Teddy visits hospitals and any other indoor facility, he wears shoes to provide traction and to help prevent him from slipping on smooth surfaces. Everyone loves to see Teddy wearing his shoes! He draws a lot of attention when he goes out in public and everyone has to have their photos taken with the horse that wears shoes!



[www.tailsofaloha.com](http://www.tailsofaloha.com)

A 501(c) (3) nonprofit organization

## Meet Teddy the Mini! (continued)

Now that Teddy is a registered therapy horse, we are excited to begin working at new facilities and the Wounded Warrior Program in Hawaii. Carina hopes to share the love that Teddy brings with many people in her community. She believes that horses can provide healing in a very unique and powerful way!



## What Tails Members Do Best

Hope everyone is healthy, successful, happy, and on top of the world...or at least on the way to getting there! On your way to life it is always important for you to know about the secret to continuous success. It is an unwritten, but very important rule. The better things are going for you, the more you need to help others. Not because you are hoping to get something back, for recognition, or because the Bible, Koran or other holy book says you should, but because it is within your power to make this world a better place.

Helping is a word that needs interpretation. Giving money to a cause is one way, but it's not the only way. Sometimes, helping simply means taking the time to listen to someone sharing a hurt, giving someone a helping hand, making an unexpected phone call to wish someone good luck, showing compassion to someone in trouble, or simply being there at that moment.

If someone is having a problem, take time to listen. After all, that's what we are here for.



### Recipe for odor neutralizer

Note: This may lighten fabric.

- 1 cup hydrogen peroxide
- 1 tsp. baking soda
- 1 squirt liquid dish soap

Mix with wooden spoon. Let saturate on carpet/fabric and let air dry.



# Congressional Medal of Honor

Maluhia wanted to share the photos of the two residents, Mr. Chinen and Mr. Shimabukuro who were recognized for their participation as members of the 442nd Regimental Combat Team.

The 100th Battalion with the 442nd received more than seven Distinguished Unit Citations, more than 4,000 Purple Hearts, seven Presidential Unit Citations, and a large number of individual decorations for bravery, including 21 Medals of Honor, 29 Distinguished Service Crosses, 588 Silver Stars, and more than 4,000 Bronze Stars.

"Go For Broke!"



If you want happiness for an hour, take a nap.

If you want happiness for a day, go fishing.

If you want happiness for a year, inherit a fortune.

If you want happiness for a lifetime, help someone.

Chinese Proverb

## Wish List:

Newspaper

Mosquito Coils

Food Bowls

Cat Toys

Collars

Tarps

Chicken Feed

Rabbit Feed

Clumping Cat Litter

Dry Cat Food

Wire for Cages

Dog Toys

Halters

Towels

Cockatiel Seed

Timothy Hay

Canned Cat Food

Pet Carriers

Lumber

Leashes

Dog Food

Wooden Clothespins

Finch Seed

Birthbath