

Tails of Aloha

November 2010

www.tailsofaloha.com

An all-volunteer organization

A 501(c)(3) nonprofit

Changing Lives, One Visit at a Time

The Great Dane Brigade

Tails of Aloha has helped make a very deep dream of my heart come true. The dream to share my 4-legged angels with others. Kaiser has been a favorite spot of ours to visit as well as the Kau Kau Wagon. Kaiser staff and patients are always excited and look forward to the visits. We have come a long way in our visits. One of my favorite places to visit is the ER. At the ER you have a variety of patients, all ages and all kinds of issues. It's been very exciting to see the responses. Huge smiles, laughter, lots of "Oh, WOW!" Both staff and patients greet our angels with so much love and admiration.

One little girl who was much smaller than our angels had an arm injury, yet she walked Rambo down the halls with her good arm. It was a magical moment. Rambo just followed the little girl wherever she went.



Polo



Rambo



Mokka



The Great Dane Brigade

The ICU was another great adventure. Patients and staff were so excited to see our babies, pet them and love them.

No visit is too short because we almost always have physician approach us and ask if we could visit their patient who has been missing their 4-legged angels so much.

It is awesome as we walk through the hospital and people now know them by name and which is which. Bo (Rambo) with some serious snack encouragement now says "I Wuv U". His lips flap about but you can hear him clearly. Both Rambo and Polo are great at the "go moi moi" (night, night). Left paw, right paw, speak, indoor voice and so on. I love the way they figured out how to get around the bed bars to be petted. They slide through the rails. I was a little distraught when I first saw them do this, but I soon realized it was not a problem for them. The biggest challenge we have is keeping Bo off of people's laps. He has no shame. He loves to sit on laps. Polo is the one who loves to Eskimo style. I believe there are way too many people who have their Polo's and Rambo's pics on their cell phones. It's been such a joyful experience.

At the Kau Kau Wagon, everyone gets so excited to see them. Again, so many who can tell the dogs apart. They get lots of hugs and give many hand shakes.

They have opened the doors for other pet teams.

Polo saved my life one night. I was was very ill and passed out on the sidewalk and he stayed by my side the entire time barking for help but was very careful of who could touch me. He trusted my neighbors and then the EMTs. Only then did he leave my side.

Al Perkins and I do the visits as a team. I have no doubt how much they adore him! It's tons of hard work, but the smiles are priceless. I feel as if we have continued to climb wonderful new heights of patient therapy.

Our 4-legged angels are a genuine borrowed gift of time. To have this opportunity to share their awesome love and heart with so many is a blessing no words could every describe.

Mahalo to Tails of Aloha for letting our dream come true and an opportunity to give to our community some of the best moments of love and smiles.

Sharon Black and All Perkins
The Kau Kau Wagon



FURRY VISITORS PROVIDE HEALING, RECOVERY, & LOVE



Above & above right: Member Mari Longhorn enjoys a little morning sun with Rambo (left) and Polo (right). Left: Mari with Rambo and owner Sharon Black.

When Polo and Rambo make the rounds at Maiana 'Ohana, the skilled nursing facility at Moanalua Medical Center, they bring big smiles to the faces of both patients and

poln will reach out to pet and give the animals treats."

Polo and Rambo gladly perform tricks at the command of their owner, Sharon Black. They can shake hands, roll over, pretend they're

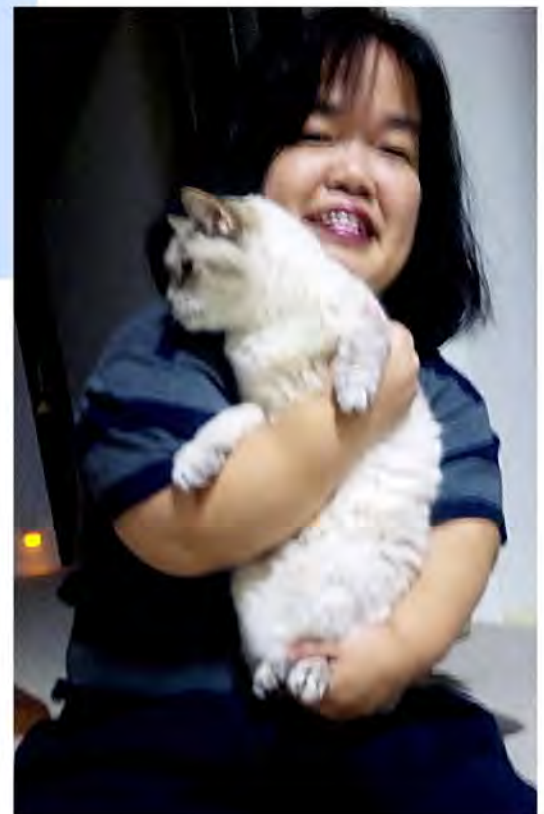
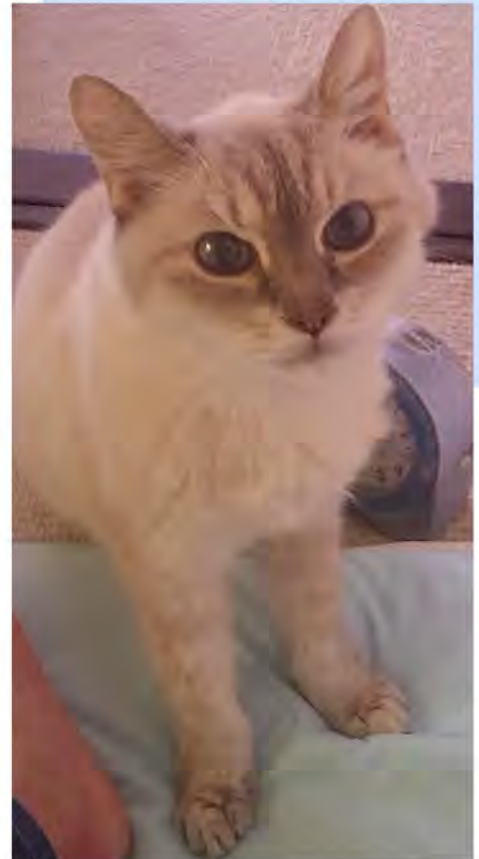
Tails of Aloha Yokohama

Po-chan is a Siamese cat who belongs to one of our Tails of Aloha members in Japan. It was about three years ago when she saw a bulletin posted on a board looking for someone to adopt a cat which stated "We rescued this cat from an accident. She is very friendly and sweet and needs a home. Po-tto shiteiru means "mellow", so we decided to name her Po-chan." I was now totally intrigued especially after seeing her photo...she simply tugged at my heartstrings.

When my husband and I went to see Po-chan, it was truly love at first sight. I knew she was meant to be our cat. No one knows how old Po-chan really is. We've been told between 7 and 14 years old, but that really doesn't matter. To our surprise, Po-chan enjoys riding in our car! She sleeps like a Sphinx whenever she rides in the car, which makes volunteering with Po-chan a breeze.

Po-chan visits nursing homes in a cart, and she sometimes is fussy about meeting people, but is coming around to having her head patted during visits. One resident began to cry while petting Po-chan, then as suddenly as she started crying, she stopped and gave me a huge smile! Po-chan has also changed my life. I have always had problems sleeping and would wake up in the middle of the night. Po-chan would notice that I was up and she would look at me with her big beautiful eyes as if to say, "Don't worry, I am here with you." She has made me feel secure and calm. I now have a normal sleep pattern because of her.

Although Po-chan doesn't have any special talent, she doesn't even meow, but she has made many resident smile and provided them comfort just by being there with them. I am grateful that Tails of Aloha Yokohama has allowed me to share Po-chan's power of love and compassion.



New York and Paris

It is true, the members of Tails of Aloha are movers and shakers. Sean Wakabayashi who is based at the Ala Moana Chanel Boutique, recently made a trip to New York and Paris as part of his "work assignment". Wish I had that type of work assignment instead of going to pick up supplies at the plumbing store... We told Sean he could not return unless he took photos for us to share with everyone...so here they are!



Left: Carnegie Deli

Right: Central Park.

Below: Wishing Tree exhibit at the Museum of Modern Art



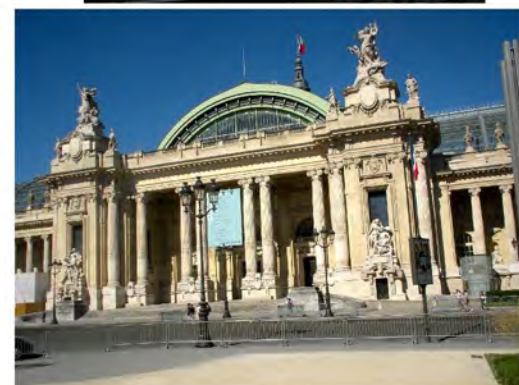
Left: Sean having a wonderful meal with a friend at Trois Petit Cochon (Three Little Pigs). He finished his meal with magret de canard, cherries marinated in brandy...mmmm!



Left and Right: 31 Rue Camdon...Chanel headquarters



Above: Yves Saint Laurent Retrospective. Left and Right: The Grand Palais.



The Project...

Our team members do more than animal assisted therapy. They even build boats! Warren Hoopii has been working on this boat for a few months now. We will keep everyone updated on the launch date in the not too distant future.



Wish List

Since we have full-time day jobs, cleaning the kennels with a flashlight during the winter months is really difficult. Solar spotlights would really be appreciated!



Concrete bricks for the walkway and kennels would be a life saver! Even one or two bricks would be a wonderful thing!



We could really use boxes of donated clumping cat litter at the sanctuary!

The Hawaii Foodbank

Our heartfelt thanks and appreciation to all the wonderful people who donated funds for our annual Hawaii Foodbank drive in August. A total of \$1,425 was raised through your efforts. An additional \$328.36 in matching funds was provided from the Hawaii Foodbank, and the Harry C. & Nee Chang C. Wong Foundation donated an additional \$340 to our account. The total raised this year was a whopping \$2,093.36!

It is great to know that the funds will be helping our outreach program with the homeless and their animal companions.

Honest Kitchen's Howl-o-ween Brownies

2 cups Honest Kitchen dehydrated dog food (Force or Zeal)	
1 1/2 cups meat broth	2 eggs
4 tablespoons applesauce	1 can low sodium tuna or salmon
1/2 cup of cooked, mashed sweet potato	1/2 cup of cooked pumpkin
1/4 cup of grated Cheddar cheese	1/4 cup of dried cranberries

Hydrate the Force or Zeal in the warm meat broth.

In a separate bowl, whisk eggs and add to rehydrated mixture.

Add applesauce, fish and cheese.

Add the sweet potato, pumpkin and cranberries and mix thoroughly.

Spread mixture on a greased baking sheet. Grate a little extra cheese on the top and bake at 320 degrees for 60 minutes or until slightly crispy.

Cool and cut into squares.

FEMA

Tails of Aloha received a certificate from FEMA for their participation in the 2010 National Preparedness Month.



Tails of Aloha

2010 National Preparedness Month Coalition Member

Presented on behalf of FEMA, the Ready Campaign, and Citizen Corps, in appreciation of support during NPM 2010.

Presented on October 1, 2010

A handwritten signature in black ink.

Darryl Madden

Director, The Ready Campaign



NATIONAL PREPAREDNESS MONTH
September 2010 | ready.gov



Hawaii State Civil Defense Workshop



Seated: (L-R) Gayle Igarashi, Warren Hoopii, Tish Steele, and Bruce Iverson. Standing: (L-R) Cynthia Keolanui Iverson (Civil Defense), Geil Serrao, Liane Akana, Kale Lyman, Danny Tengan (Civil Defense), David Lau, Merry Z and David Z. Missing from photo: Bruce Iverson and Kevin Oshiro

October 23 was a great day for our workshop to become credentialed pet shelter operators for the Hawaii State Civil Defense.. Being pet lovers, we understood the stress and anxiety pet owners will be facing during an evacuation, and believe me, questions were flying around the room. Danny Tengan and Cynthia Keolanui Iverson had prepared well and were able to respond to every question we posed and allayed our fears. Although we will be at various levels within the pet friendly shelters, we are ready to assist in any way possible.

Those of us with ham radio licenses will also be a great asset to the entire system as we will be able to communicate our needs and status at each site.

Any ham radio operators or anyone who may be interested in attending future workshops to assist and become credentialed through Hawaii State Civil Defense can contact us at info@tailsofaloha.com. Let's all be prepared!

My Life as I know it

Sometimes we have so many varying responsibilities in our lives ranging from work obligations to caring for family to running a nonprofit. We begin to feel overwhelmed and we are unable to make it all work. We end each day feeling hopelessly behind schedule. We owe it to ourselves to find a way to make it work rather than buckling down under the pressure of an impossible to-do list...stop and look at the larger perspective.

We must first realize that we can't do it all...that's the first step back to sanity. Let's delegate, ask for help, or shift our expectations in ways to make our lives easier. Accept the adjustments needed to make our lives work. Come to terms with changing what we can and accept what we are unable to change. So the laundry piles up, the weeds grow in the yard, and we get behind with our schedule. Accept this momentary state of affairs and trust in your ability to get back on track when the time is right. We must gracefully accept our life as it is...letting go of perfectionism and embrace life as it stands...even if it leans towards one side or sways back and forth. Bend like the bamboo...



HOWL-0-WEEN

at Maluhia



Hoku the Catepillar

Meri the cat as Ninja Turtle



Momma Miata and daughter,
Ginger



Johnny Depp's double,
Spirit

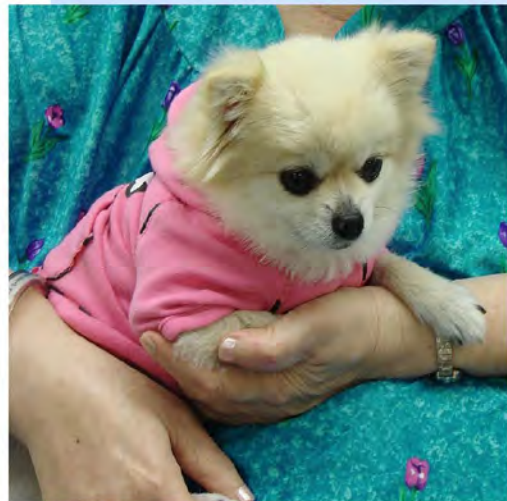


HPD officer
Mochha being
held back to
enable prisoner
Smokey to
escape.





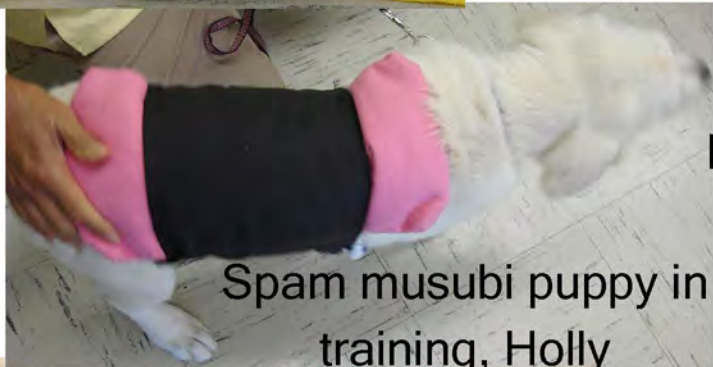
Left: Toby escorting Cesar Augustus towards Rome.
Right: Happy staring in disbelief at the caterpillar below.



Left: Babe in her witch outfit.
Right: Hoku the caterpillar with Noe the ballerina.



Right: Our Kula team: Malie, Yuki, and Benji



Spam musubi puppy in training, Holly



Milimililani the lady bug with her daughter Lilikoi the Bubble Bee

